
To the Editors:

Scalp metastasis in a patient with pheochromocytoma

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Pheochromocytomas are catecholamine secreting tumours arising from chromaffin cells of the adrenal medulla [1]. 10% of the tumours are bilateral and 10% are malignant. Malignant tumours most commonly metastasise to lungs, bone, liver or lymph nodes or may recur locally [1]. Surgical resection is the treatment of choice followed by adjuvant combined chemotherapy [1]. Five year survival rate for malignant pheochromocytoma is 23-44 % compared with 97% in benign pheochromocytoma.

Non hormone secreting pheochromocytomas are uncommon and the development of pulsatile scalp metastases have not been reported previously. Clinically aggressive behaviour can be predicted by the pheochromocytoma of the adrenal gland scaled score (PASS) [1].

A 41-year old male with left loin pain had CT evidence of a mixed echogenic left renal mass without local invasion or distant metastases (Figure 1). A radical nephrectomy was performed. Histology revealed a chromogranin

positive pheochromocytoma without capsular or vascular invasion (Figure 2). PASS was 8 (Scale 1-20). Urinary VMA was negative. After 9 months patient presented with a pulsatile scalp lump (Figure 3). Investigations showed multiple metastases in the liver, skull and ribs. Treatment was continued with combined chemotherapy.

Diagnosis of pheochromocytoma is suspected by raised urinary catecholamines and its metabolites (metanephrins rather than vanillyl mandelic acid) or raised resting plasma catecholamines and plasma chromogranin A. Clonidine suppression and glucagons stimulation tests are done only in specialised centres. CT scans and MRI scans will localise the tumour. Isotope scanning with metaiodobenzylguanidine (mIBG) express 90% success [2,3].

Although the present case represents a clinically non hormone secreting pheochromocytoma without blood pressure fluctuations, a hormone secreting tumour



Figure 1. CT abdomen showing upper polar mass in left kidney.

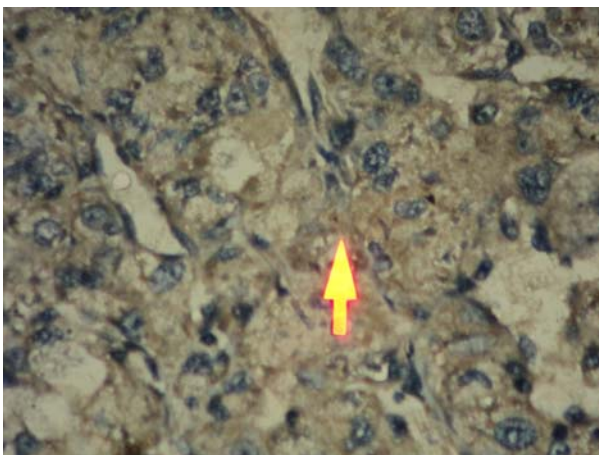


Figure 2. Brown Chromogranin reaction in cytoplasm.



Figure 3. Pulsatile scalp lump.

neutralised by conversion of catecholamines into metabolically inactive metanephrins by catecholamine methyl transferases within the tumour is a possibility [4].

In 2004 WHO defined malignant pheochromocytoma by the presence of metastases because extensive local invasion is a poor predictor of metastasis and some tumours that metastasise show no apparent local invasion showing that the two types of aggressive behaviour have different biological basis [5].

PASS is weighted for specific histological features [1] (total score of 20). This separates tumours with a potential for biologically aggressive behaviour (PASS = or >4) from tumours that behave in a benign fashion (PASS <4) [1]. The present case had a PASS of 8 indicating aggressive behaviour and was closely followed up. Development of previously unreported scalp metastases along with other metastasis at 9 months of follow up confirmed the accuracy of PAS Score. This also emphasizes the need for adjuvant chemotherapy in high PASS patients.

References

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